Question1:- Who was the founder of Vala Samudaya Parishkarini Sabha?
A:- Pandit Karuppan
B:- Ayyankali
C:- V.T. Bhattathirippadu
D:- Paalakkunnathu Abraham Malpan
Correct Answer:- Option-A

Question2:- Gurudas Bhanarjee was the first Indian Vice-Chancellor in ______ University.
A:- Bombay University
B:- Banaras Hindu University
C:- Culcutta University
D:- Aligarh Muslim University
Correct Answer:- Option-C

Question3:- Which Indian city is known as 'The City of Demonstrations'?
A:- Amritsar
B:- Delhi
C:- Srinagar
D:- Bhubaneswar
Correct Answer:- Option-B

Question4:- Roopa Bhadratha Vaadam was related to
A:- Edasseri
B:- G. Sankara Kuruppu
C:- Changampuzha
D:- Mundasseri
Correct Answer:- Option-D

Question5:- The legal advisor of constituent assembly
A:- B.N. Rao
B:- B.R. Ambedkar
C:- Alladi Krishnaswami Ayer
D:- B.L. Mithar
Correct Answer:- Option-A

Question6:- Name the first Chairman of Finance Commission
A:- Rangaraajan
B:- K.C. Pant
C:- K.C. Niyogi
D:- John Mathai
Correct Answer:- Option-C

Question7:- Bhasha Poshini Sabha was founded by
A:- Kumaranasan
B:- Kodungallur Kunjukkuttan Thampuran
C:- Keralavarma Valiyakoyi Thampuran
D:- Changampuzha
Correct Answer:- Option-B

Question8:- The author of Najan Oru Puthiya Lokam Kandu
A:- K.P. Vellan
B:- Makthi Thangal
C:- M.C. Joseph
D:- A.K. Gopalan
Correct Answer:- Option-D

Question9:- Jeeval Sahithya Prasthanam was the early name of
A:- Purogamana Sahithya Prasthanam
B:-Naadaka Prasthanam
C:-Library Movement
D:-Namboothiri Movement
Correct Answer:- Option-A

Question10:-Dharmam was a work of
A:-Dr. Ayyathan Gopalan
B:-Ayyankali
C:-Sree Narayana Guru
D:-T.K. Madhavan
Correct Answer:- Option-C

Question11:-When did the magazine Muslim Published ?
A:-1930
B:-1915
C:-1906
D:-1920
Correct Answer:- Option-C

Question12:-Who wrote the poem 'Tagore Malayalam' ?
A:-Sumangala
B:-Panthalam Kerala Varma
C:-Raaja Ravi Varma
D:-Kumaranasan
Correct Answer:- Option-D

Question13:-Which agency was secured Krupasakaya Award of UNESCO ?
A:-NCERT
B:-Grandhasaala Sangham
C:-NEEM
D:-Library Council
Correct Answer:- Option-B

Question14:-The leader of Yachana Yathra
A:-V.T. Bhattathirippadu
B:-A.K. Gopalan
C:-K. Kelappan
D:-P. Krishna Pillai
Correct Answer:- Option-A

Question15:-Representation of Travancore in the constituent assembly
A:-15
B:-6
C:-10
D:-11
Correct Answer:- Option-B

Question16:-In which year Poor Home Society was established ?
A:-1975
B:-1919
C:-1949
D:-1937
Correct Answer:- Option-D

Question17:-The editor of the magazine Murali
A:-T. Ammalu Amma
B:-Kadathanattu Madhavi Amma
C:-Kesavadev
D:-S.K. Pottakkadu
Correct Answer:- Option-B

Question18:-The founder of 'Society for the Promotion of Education of Women'
A:-O. Chanthu Menon
B:-Appu Nedungadi
C:-Akamma Cheriyan
D:-A.V. Kuttimalu Amma
Correct Answer:- Option-B

Question19:-In which year Deena Bandhu was started ?
A.-1924
B.-1929
C.-1934
D.-1914
Correct Answer:- Option-D

Question 20:- The capital of Andhra Pradesh
A:-Vijayawada
B:-Amaravathi
C:-Chittur
D:-Gundur
Correct Answer:- Option-B

Question 21:- The generally accepted term of community health nurse is
A:-Public health nurse
B:-Care giver of the community
C:-Private health nurse
D:-Sector nurse
Correct Answer:- Option-A

Question 22:- Water is primarily derived from
A:-Oceans
B:-Ice-caps
C:-Ground water
D:-Rivers
Correct Answer:- Option-A

Question 23:- Health assistant female may cover
A:-One sub centre
B:-One thousand population
C:-Three sub centre
D:-One PHC
Correct Answer:- Option-D

Question 24:- Summative evaluation means
A:-Done before the program
B:-Done in between the program
C:-1 and 2
D:-Done at the end
Correct Answer:- Option-D

Question 25:- The study of physical and psychological changes which are incident to old age is called as
A:-Geriatrics
B:-Gerontology
C:-Clinical gerontology
D:-Clinical geriatrics
Correct Answer:- Option-B

Question 26:- The head circumference in the year of 5 years will be
A:-35 cm
B:-45 cm
C:-50 cm
D:-55 cm
Correct Answer:- Option-C

Question 27:- The good size of the flash card is
A:-10 × 12
B:-15 × 20
C:-22 × 28
D:-26 × 28
Correct Answer:- Option-C

Question 28:- The bacteria grows in the baby intestine and prevent harmful bacteria such as E-coli from growing and causing diarrhea the bacteria called
A:-Lactoferrin
B:-Lysosomes
C:-Lactobacillus bifidus
D:-None of the above
Question 29: To develop creative thinking the best method of teaching is
A: Group discussion
B: Tutorial method
C: Demonstration
D: Brain storming
Correct Answer: Option D

Question 30: International Red Cross Society is founded by
A: Charles Dickson
B: Charles Darwin
C: Henry Dunant
D: Von pirguet
Correct Answer: Option C

Question 31: The students studies first hand objects and materials in their natural environment is known as
A: Demonstration
B: Learning by doing
C: Simulation
D: Field trip
Correct Answer: Option D

Question 32: ICDS programme started in
A: 1975
B: 1970
C: 1978
D: 1980
Correct Answer: Option A

Question 33: The optimum period of storage of river water considered to be about
A: 5-10 days
B: 10-14 days
C: 14-20 days
D: 20-25 days
Correct Answer: Option B

Question 34: PEP Should be initiated before
A: 24 hours
B: 72 hours
C: 48 hours
D: 36 hours
Correct Answer: Option B

Question 35: MTP Act came into force in the year of
A: 1971
B: 1972
C: 1973
D: 1975
Correct Answer: Option B

Question 36: The albumin of the egg begins to coagulate at
A: - 60 degree Celsius
B: 62 degree Celsius
C: 64 degree Celsius
D: 65 degree Celsius
Correct Answer: Option A

Question 37: Prevention of food adulteration Act was enacted in
A: 1944
B: 1954
C: 1964
D: 1974
Correct Answer: Option B

Question 38: NACO is the programme for
A: TB
B: STD
C: AIDS
Correct Answer: Option C

Question 39: Panel discussion involves
A: 1 person
B: 1-2 person
C: 4 person
D: 4-8 people
Correct Answer: Option D

Correct Answer: Option B

Correct Answer: Option C

Correct Answer: Option C

Correct Answer: Option A

Correct Answer: Option B

Correct Answer: Option B

Correct Answer: Option A

Correct Answer: Option B
Question 49: The instruments devised for measuring the cooling power of the air is
A: Kata thermometer
B: Wet globe thermometer
C: Silvered thermometer
D: Globe thermometer
Correct Answer: Option A

Question 50: Clark’s process is a method of removing
A: Temporary hardness
B: Permanent hardness
C: 1 and 2
D: None of the above
Correct Answer: Option A

Question 51: CARE began its operation in India in
A: 1945
B: 1948
C: 1950
D: 1951
Correct Answer: Option C

Question 52: Un intentional torts except
A: Negligence
B: Liability
C: Defamation
D: Damages
Correct Answer: Option C

Question 53: AUGER is required in construction of
A: Dug well latrine
B: Water seal latrine
C: RCA latrine
D: Borehole latrine
Correct Answer: Option D

Question 54: First referral unit for PHC is
A: Regional hospital
B: Specialist hospital
C: Taluk hospital
D: CHC
Correct Answer: Option D

Question 55: ORS contains all except
A: Sodium chloride
B: Calcium lactate
C: Bicarbonate
D: Glucose
Correct Answer: Option B

Question 56: The headquarters of FAO
A: Newyork
B: Rome
C: Switzerland
D: Australia
Correct Answer: Option B

Question 57: The following one is the trace elements of mineral
A: Calcium
B: Phosphorus
C: Iodine
D: Sodium
Correct Answer: Option C

Question 58: The freshness of the eggs may be tested by
A: Candling
B.: Floating in saline water
C.: 1 and 2
D.: None of the above
Correct Answer: Option-C

Question 59: The borehole latrine is introduced in India in
A.: 1930's
B.: 1940's
C.: 1950's
D.: 1960's
Correct Answer: Option-A

Question 60: In the hard ticks the dorsum of its body is covered by a hard shield is called
A.: Scutum
B.: Sebum
C.: Serum
D.: Shell shield
Correct Answer: Option-A

Question 61: The instrument used for measuring humidity
A.: Sling psychrometer
B.: Assman psychrometer
C.: Dry and wet bulb hygrometer
D.: None of the above
Correct Answer: Option-C

Question 62: Three gram of fat gives
A.: 30 calories
B.: 4 calories
C.: 9 calories
D.: 27 calories
Correct Answer: Option-D

Question 63: The process of enabling people to increase control over and to improve health is known as
A.: Specific protection
B.: Early diagnosis and treatment
C.: Health promotion
D.: Disability limitation
Correct Answer: Option-C

Question 64: Illicit drug trafficking is entwined with the
A.: Asian children
B.: African children
C.: Child labour
D.: Street children
Correct Answer: Option-D

Question 65: W.H.O. defines blindness as "visual acuity of less than"
A.: 3/60
B.: 6/60
C.: 6/18
D.: 1/60
Correct Answer: Option-A

Question 66: Balwadi nutrition programme was started in
A.: 1971
B.: 1970
C.: 1972
D.: 1973
Correct Answer: Option-B

Question 67: The apparatus used to measure, regulate and applying chlorine in correct dosage is
A.: Chloronome
B.: Chloramine
C.: Filters
D.: Berkefeld filters
Correct Answer: Option-A

Question 68: The optimum level of fluoride in drinking water is between
A: -0.5 – 0.8 mg/liter
B: -0.2 – 0.4 mg/liter
C: -0.3 – 0.7 mg/liter
D: -0.6 – 0.9 mg/liter
Correct Answer: Option A

Question 69: Recommended light intensity in operation theatre is
A: 75 foot candles
B: 76 foot candles
C: 80 foot candles
D: 85 foot candles
Correct Answer: Option A

Question 70: Vitamin E is termed as
A: Tocopherol
B: Thiamine
C: Retinol
D: Pyridoxine
Correct Answer: Option A

Question 71: The immunoglobulin can cross the human placenta is
A: IgM
B: IgG
C: IgA
D: IgE
Correct Answer: Option B

Question 72: The polio vaccine should be preserved at
A: 2 to 8 degree Celsius
B: -2 to -8 degree Celsius
C: 0 to 4 degree Celsius
D: Below 0 degree Celsius
Correct Answer: Option B

Question 73: Mantoux (tuberculin) test was developed in
A: 1807
B: 1907
C: 1707
D: 1910
Correct Answer: Option B

Question 74: In India the first case of AIDS was reported in Tamilnadu in
A: 1976
B: 1986
C: 1989
D: 1996
Correct Answer: Option B

Question 75: Lathyrism present in the human it is referred as
A: Osteo lathyrism
B: Nephrolathyrism
C: Neurolathyrism
D: Genuvalgum
Correct Answer: Option C

Question 76: Health survey and planning committee is known as
A: Bhore committee
B: Chadah committee
C: Mudaliar committee
D: Mukerjee committee
Correct Answer: Option C

Question 77: Trachoma control programme was merged with the national programme for the control of blindness in
A: 1963
B: 1966
C: 1976
D: 1986
Correct Answer: Option C
Question78:-Dryness of the eye is known as
A:-Xerophthalmia
B:-Bitots spots
C:-Keratomalacia
D:-Night blindness
Correct Answer:- Option-A

Question79:-Milk is a good source of all vitamins except
A:-Vitamin A
B:-Vitamin C
C:-Vitamin E
D:-Vitamin D
Correct Answer:- Option-B

Question80:-Mosquito may fly up to
A:-2 miles
B:-3 miles
C:-4 miles
D:-5 miles
Correct Answer:- Option-B

Question81:-The Government of India has announced the National Health Policy in the year of
A:-1978
B:-1981
C:-1983
D:-1982
Correct Answer:- Option-D

Question82:-The major causes of MMR in India
A:-Anemia
B:-Toxemia of pregnancy
C:-Eclampsia
D:-Hemorrhage
Correct Answer:- Option-D

Question83:-The mosquito which transmits yellow fever is
A:-Aedes aegypti
B:-Anopheles mosquitoes
C:-Culex
D:-Mansonoides
Correct Answer:- Option-A

Question84:-Barbecue it is also called
A:-Grilling
B:-Roasting
C:-Baking
D:-Frying
Correct Answer:- Option-B

Question85:-Schick test can be done in case of
A:-German measles
B:-Diphtheria
C:-Measles
D:-Meningitis
Correct Answer:- Option-B

Question86:-The best method of refuse disposal is
A:-Burning
B:-Composting
C:-Dumping
D:-Controlled tipping
Correct Answer:- Option-A

Question87:-CROUP can be seen in the case of
A:-Whooping cough
B:-Acute respiratory infections
C:-Tuberculosis
D:-Meningitis
Correct Answer:- Option-B

Question 88: The recommended noise level is
A: 85 decibels  
B: 90 decibels  
C: 95 decibels  
D: 100 decibels

Correct Answer:- Option-A

Question 89: If the first stage of labour is prolonged IV glucose is given to prevent
A: Foetal distress  
B: Hemorrhage  
C: Maternal distress  
D: 1 and 3

Correct Answer:- Option-C

Question 90: Television and sound films are the example of
A: Auditory aids  
B: Visual aids  
C: Combined audio visual aids  
D: None of the above

Correct Answer:- Option-C

Question 91: The multipurpose worker scheme launched in
A: 1964  
B: 1984  
C: 1974  
D: 1994

Correct Answer:- Option-C

Question 92: Radiation sickness is otherwise known as
A: Shortening of life  
B: Leukemia  
C: Acute radiation syndrome  
D: Radiation poisoning

Correct Answer:- Option-D

Question 93: Harpendens calipers is used to measure
A: Foot length  
B: Height  
C: Head circumference  
D: Skin fold thickness

Correct Answer:- Option-D

Question 94: A brief description of an observed behavior or incident is known as
A: Clinical record  
B: Cumulative record  
C: Family record  
D: Anecdotal record

Correct Answer:- Option-D

Question 95: Back bone of public health nursing is
A: Environmental sanitation  
B: Health problems  
C: Home visiting  
D: Planning and evaluation

Correct Answer:- Option-C

Question 96: The aldehyde test of Napier is a simple test widely used in India for the diagnosis of
A: Yellow fever  
B: Dengue fever  
C: Yaws  
D: Kala-azar

Correct Answer:- Option-D

Question 97: What is the concept of vision 2020?
A: The right to healthy eye  
B: Right to reduce blindness  
C: Right to donate
Question 98: Minimum need programme was introduced in
A: 4\(^{th}\) five year plan
B: 3\(^{rd}\) five year plan
C: 2\(^{nd}\) five year plan
D: 1\(^{st}\) five year plan
Correct Answer: Option D

Question 99: The process of restriction of movement of persons who come in contact of diseased person is called as
A: Active surveillance
B: Passive surveillance
C: Isolation
D: Quarantine
Correct Answer: Option D

Question 100: Vitamin A supplementation gives to children from the age of 1 to 6 years should by every
A: 3 months
B: 8 months
C: Yearly
D: 6 months
Correct Answer: Option D